

# Supporting Resources

Parents/guardians play a crucial role in guiding your child/ward to use devices responsibly and safely. DMA complements your efforts in supporting your child/ward as they navigate the digital space. Here are some resources that you can refer to:

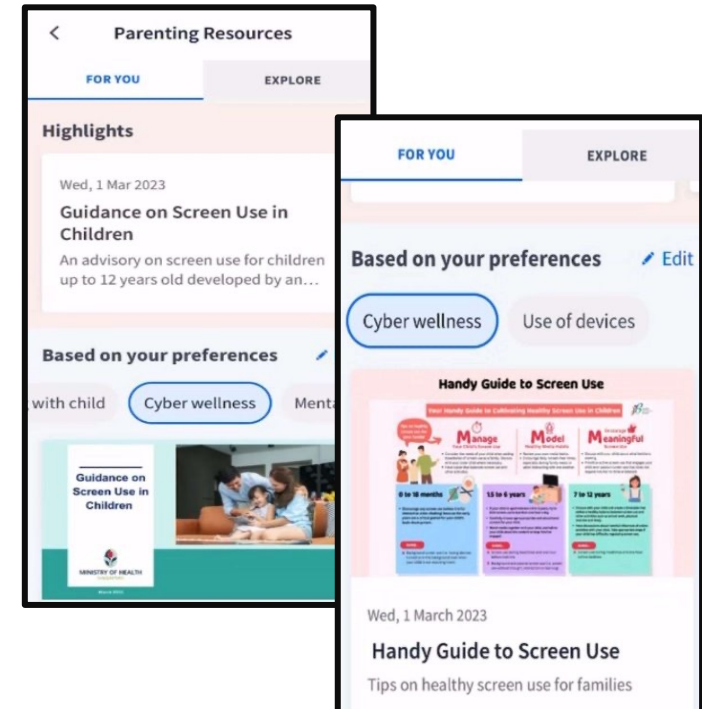
## A. Parent Kit



## B. Bite-size tips and advice via Parentingwith.MOEsg Instagram



## C. Resources from MOE and other agencies (available on resources repository in Parents Gateway)



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## D. Parenting for Wellness Toolbox for Parents

The following extracted quick tips and strategies have been shared to you via Parents Gateway. Click on the pink header to download the full suite of resources of the Toolbox.

## E. More resources are available via MOE Cyber Wellness Webpage